

Billing

Preventive Medicine Associates participates with most plans offered by insurance companies such as Medicare, BlueCross BlueShield, Aetna, Cigna, MVP, and United Healthcare. Forms of payment accepted are cash, check, money order, Visa and MasterCard. Our billing department is conveniently located on-site and available 8 am to 4 pm Monday thru Friday.

Our knowledgeable and experienced staff is available to discuss any billing questions or concerns you may have. If personal finances are an issue, call the Billing Department and we will try to work with you.

It is our policy to assist patients with their insurance plans as much as possible. Nonetheless, our relationship and efforts are with the patient not the insurance company. We expect to be paid for our work and service just like everyone else. We also expect our patients to acknowledge that they are ultimately responsible for their bills just as they are ultimately responsible for their health.

Appointments

Preventive Medicine Associates is an Internal Medicine practice, an adult primary care office. Our physicians do not see patients under the age of sixteen. Our NP's do not see patients under the age of eighteen.

Preventive Medicine makes every effort to schedule patients who are sick to be seen as soon as possible. While it may not be possible to see your "favorite" or regular doctor, we make every effort to see you the same day.

Confirmation of your appointment is mandatory. All appointments are confirmed through our automated system eMessenger. Calls will be made 3 days in advance of your appointment. If you are unavailable at the time eMessenger calls you, please call our office as soon as possible to verbally confirm your appointment. Complete Exam appointments not confirmed will be cancelled and the patient will need to reschedule at a later date. Because we allot over an hour for each Complete Exam, it is important for you to call in a timely manner if you cannot be here. We want to give that valued time to another patient who needs their provider. Appointments cancelled for complete exams or periodic maintenance should be rescheduled as soon as your schedule allows.

Patients who are new to the practice or need to update any demographic information are asked to arrive 15 minutes before the appointed time.

No Show/Cancellation Policy

Confirmed appointments not cancelled within 24 hours of the visit or no show appointments are subject to a fee. A fee may apply for appointments made and cancelled the same day as well. The no show/cancellation fee for established patient office calls is \$50.00 and \$75.00 for established patient physicals. The no show/cancellation fee for new patient office calls is \$75.00 and \$125.00 for new patient physicals.

We understand there may be extenuating circumstances. Please talk with us.

Preventive Medicine's Test Result Policy

It is our policy at Preventive Medicine to examine every test result ordered by the doctor or nurse practitioner you have recently seen, lab or otherwise. All reports received from outside offices are also examined by your doctor or nurse practitioner before the document is added to your chart.

Each doctor decides for themselves what protocol they will use for alerting you of any results. All medical professionals will review the data and information, but will contact you only when there are "significant" abnormalities. Dr. Barry, in particular, likes to contact patients with all of their test results.

If you have any questions about test results and have not heard from your provider, please do not hesitate to call our office. Please allow five to seven business days after your test date before calling about test results. We encourage everyone to keep copies of all their important tests.

Confidentiality

Regarding confidentiality, we consider your records privileged and confidential information. By law, we will not release your records to anyone for any reason at any time without your written permission.

When your husband, wife or care giver calls the office and says they would like the results of my loved one's bloodwork, we will not give that privileged information without the patient's prior authorization. All patients should sign our HIPPA Patient Consent Form and list who is allowed to receive your information. Preventive Medicine Associates Notice of Privacy Practices is displayed in the waiting room for your review.

Your records are private, personal and confidential and we intend to keep them that way.

Prescription Refills

Prescription refill requests should be directed to your pharmacy of choice. Your pharmacy will then send refill request to our office electronically.

As a reminder, our patients are expected to be seen at regular intervals, especially when on maintenance medications. These intervals will be determined by your primary provider.

Psychological Counseling Appointments

Preventive Medicine Associates has partnered with Psychological Healthcare PLLC to provide in-house counseling for our patients. Appointments are available every Thursday.

Extended Office Hours

Preventive Medicine is now offering extended office hours on Thursday mornings from 7:15 a.m. to 7:45 a.m. for the convenience of our patients.



PREVENTIVE MEDICINE ASSOCIATES, PLLC

JOSEPH T. BARRY, MD
ALEXANDER B. KNUDSEN, MD
DAVID C. MANFREDI, MD
JUDITH C. GARRETT, FNP
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Telephone Hours: 8:00am - 5:00pm

Extended Hours: 7:15am - 7:45am

P.O. Box 370
5415 WEST GENESEE STREET • SUITE 301
CAMILLUS, NEW YORK 13031

Directions

5415 W. Genesee Street is 500 feet West of Kasson Road (near the Camillus Commons) diagonally behind Friendly's Restaurant.

www.preventive-med.net

Mission Statement

We at Preventive Medicine believe our mission is to provide you with thorough, appropriate, responsible and responsive health care. Beyond providing care during illness, we emphasize working with you to encourage preventive maintenance on your body. After all, shouldn't you give yourself better care than you do your house or car? You can replace your car or your house, but not your body. Don't wait until signs of trouble before taking preventive measures.

Comprehensive Services Include:

- ▶ Physical Exams
- ▶ Routine School & Employment Exams
- ▶ EKG
- ▶ Bone Density (Osteoporosis)
- ▶ Blood Pressure & Heart Monitoring
- ▶ On-site lab
- ▶ Immunizations
- ▶ Nerve Conduction Studies
- ▶ Cognitive Testing
- ▶ Psychological Counseling
- ▶ Chronic Care Management

Joseph T. Barry, MD

Dr. Barry grew up in Camillus and graduated from West Genesee High School in 1976. He then attended Cornell University and graduated in 1980. He then attended Downstate Medical Center and did a three year Internal Medicine Residency in Boston at St. Elizabeths Hospital. He returned to Central New York to join his father in private practice. Dr. Barry is board certified in both Internal Medicine and Geriatrics.

Dr. Barry lives in Lafayette with his wife Debbie and their two children Kyle and Shannon. His interests include chess, reading, old movies, hiking and gardening. Dr Barry believes you must treat the whole person not just the presenting problem. He believes there is a real and important connection between your brain, your body and your spiritual self.

Alexander B. Knudsen, MD

Dr. Knudsen was born in Brooklyn, NY and grew up in Staten Island. He moved to Syracuse to practice medicine with Drs. J.T. and J.A. Barry in 1989. Dr. Knudsen is board certified in Internal Medicine. He attended medical school at Downstate Medical School in Brooklyn where he met Dr. J.T. Barry, and did his residency in St. Vincent Hospital in Worcester, MA.

David C. Manfredi, MD

Dr. Manfredi was born and raised in NYC, where he attended and graduated from NYU. He continued his education at the University of Bologna, Italy, Medical school, graduating in 1975. He completed his residency in Family Practice at St. Joseph's Hospital of Yonkers, NY and received his board certification. Dr. Manfredi is fluent in French and Italian.

Dr. Manfredi and his wife, Martha Mulroy, moved to Syracuse and worked as an emergency medicine doctor at Community General Hospital for 23 years, receiving his board certification in this field. They have two sons, Mike and Brian, and a daughter Emily.

Judith C. Garrett, FNP

Judith graduated from Auburn Memorial Hospital and has practiced in acute care and long term care hospital nursing for 25 years. She received her Bachelor of Science degree in nursing from SUNY College of Technology and in 1996 received her Family Nurse Practitioner Certificate. She is currently certified by the American Nurses Association in Acute Care Nursing.

As a Nurse Practitioner, Judi sees her primary focus as patient education in health promotion, maintenance behaviors and in diagnosing and treating patients with non-critical acute and chronic illnesses.

Jennifer S. Castro, FNP

Jennifer Castro is a Nurse Practitioner in Family Health. She received her Bachelor of Nursing from Rutgers University. Her Family Nurse Practitioner Degree was awarded from SUNY Upstate. She started her nursing career at Memorial Sloan Kettering Cancer Center in the ICU before moving to Syracuse where she worked in the Emergency Department at St. Joseph's Hospital, and the Department of Family Medicine at Upstate as an FNP. She enjoys running, baking and keeping up with her kids.

Ellen Lynne Carey, FNP

Lynne grew up in Marcellus. She received her BSN from Wilkes College in 1982. She then served in the Navy at Oakland Naval Hospital for 4 years, working with general surgery, orthopedic and neonatal patients. She then worked at Oakland Children's Hospital in the Neonatal ICU for 2 years. She then moved to North Carolina, worked for 7 years in Neonatal ICU and started her Masters. She relocated to Syracuse in 1996, finished her MSN at Upstate and worked in Pediatric ICU for 7 years, then as an NP with pediatric surgery for 7 years. She has 2 sons, enjoys the outdoors, and traveling with her husband.

Zoryana R. Bosak, FNP

Zoryana is a Family Nurse Practitioner. She earned her BSN from SUNY Upstate Medical University. She started her nursing career in 2003 at University Hospital, where she was employed for almost ten years. She worked in the Neuroscience Intermediate Care Unit as a Patient Service leader (PSL). In 2010 Zoryana went back to college and earned her MSN from Upstate Medical University. She is currently certified by AANP.

She enjoys spending time with family, cooking, reading and traveling. She is fluent in Ukrainian and Russian.

Amy A. Perrin, FNP

Amy was born in Syracuse, NY and graduated from Liverpool High School. Amy is a Nurse Practitioner specializing in Family Health. She earned her Master's Degree as a Family Nurse Practitioner from SUNY Upstate Medical University graduating with distinction of cum laude. Her undergraduate nursing education was received at Crouse Hospital College of Nursing and Keuka College. Amy's nursing practice started at St. Joseph's in the surgical ICU. She then continued in the St. Joseph's network in labor and delivery and a childbirth educator. Amy has a passion for education and continues to teach at St. Joseph's College of Nursing as a faculty member. Amy lives in Baldwinsville with her husband Kevin and children Courtney and Caleb. Amy enjoys reading, camping and kayaking.

Terry Kelley, ANP

Terry Kelley is an Adult Nurse Practitioner. She earned her BSN at the Institute of Technology in Utica. She received her Master's degree from Syracuse University. Terry started her nursing career in 1983 at Community General Hospital where she was employed for 25 years.